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IAS - Lecture IV

Refs: ~~Keith~~ 0507205  
0512102

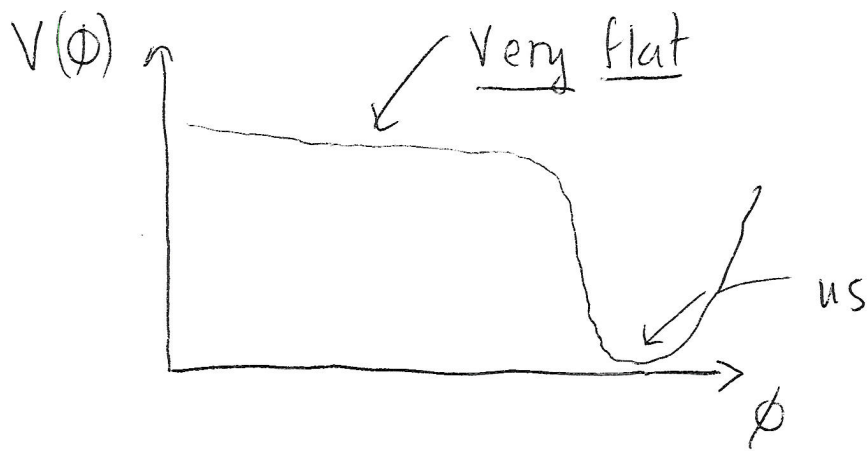
Today: the interface of inflation + string theory. I'll focus on issues about UV physics that could be raised by results of future experiments (Planck launch in  $< 2$  years).

I. Inflationary wish list (standard slow roll)

- To solve
- horizon
  - flatness
  - monopole

problems, inflationary theorists postulate a phase of dS-like exponential expansion in the early Universe. Need for a graceful exit  $\rightarrow$

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- $V(\phi)$  must have very flat region to freeze Universe into dS-like expansion

$$ds^2 = -dt^2 + a^2(t) [d\vec{x}^2]$$

Friedmann eqns for  $a(t) \rightarrow$  need

- $\epsilon = \frac{M_P^2}{2} \left( \frac{V'}{V} \right)^2 \ll 1$

to get  $a(t) \sim e^{Ht}$  ( $M_P^2 H^2 \cdot 3 = V$ )

- $\eta = M_P^2 \frac{V''}{V} \ll 1$

to keep  $a \sim e^{Ht}$  for enough "Hubble times"  $\Delta t \sim \frac{1}{H}$  to solve horizon/flatness,

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Current thinking says one needs

$$N_e \sim \frac{1}{M_{\text{Pl}}^2} \int_{\phi_0}^{\phi_f} \frac{V}{V'} d\phi \gtrsim 60$$

[assuming  $V_{\text{inf}} \sim M_{\text{GUT}}^4$  -- comes down logarithmically for lower  $V$ ].

Bonus: 'Quantum Fluctuations' of inflation can seed density perturbations!

$$\frac{\delta\rho}{\rho} \sim \frac{1}{\sqrt{75}\pi} \frac{1}{M_{\text{Pl}}^3} \frac{V^{3/2}}{V'} \quad (\square)$$

$$\frac{\delta\rho}{\rho} \sim 10^{-5} \quad (\text{experiment}) + \quad \epsilon \sim \mathcal{O}\left(\frac{1}{100}\right)$$

$$\rightarrow \frac{1}{\sqrt{75}\pi} \times \frac{1}{\sqrt{2}} \frac{V^{1/2}}{M_{\text{Pl}}^2} \frac{1}{\sqrt{\epsilon}} = 10^{-5}$$

$$\rightarrow \frac{V^{1/2}}{M_{\text{Pl}}^2} \sim 10^{-5} \Rightarrow \boxed{(V)^{1/4} \sim M_{\text{GUT}}}$$

So we naively expect inflation happened at  $H \sim 10^{14}$  GeV.

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Results from e.g. WMAP are consistent w) such a picture

$$n_s \approx 1 \rightarrow \epsilon, \eta \text{ small}$$

but PLANCK will pin down two numbers which are very sensitive to UV physics:

- "tensor to scalar ratio"

$r(k)$  measures power in gravity waves :  
scalar modes

$$r \sim .14 \frac{P_g}{\left(\frac{\delta\rho}{\rho}\right)}$$

In slow-roll inflation

$$r \sim 6.9 M_p^2 \left(\frac{V'}{V}\right)^2$$

and actually

$$V^{1/4} \approx \left(\frac{r}{.07}\right)^{1/4} \times 2 \times 10^{16} \text{ GeV}$$

PLANCK will detect any  $r \gtrsim .05$ .

- Also, Non-Gaussianity fNL -- see (0404084)  
(0605045).

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## II. The Lyth bound

hep-ph/9606387

Notice that in slow roll models,

$$N_e \sim \frac{1}{M_P^2} \int d\phi \frac{V}{V'} \Rightarrow$$

$$\frac{1}{M_P} \frac{\Delta\phi}{\Delta N} \sim M_P \frac{V'}{V} \sim \left(\frac{r}{7}\right)^{1/2}$$

So even in the  $\sim 5$  e-foldings nearest to our horizon, total  $\Delta\phi$  was

$$\frac{\Delta\phi}{M_P} \approx 5 \left(\frac{r}{6.9}\right)^{1/2} \sim 0.5 \left(\frac{r}{.07}\right)^{1/2}$$

For all  $60$ , it seems then that measurable

$\frac{r}{M_P} \Rightarrow \frac{\Delta\phi}{M_P} > 1$ , i.e. inflaton rolled over a super-Planckian distance. } (canonical  
eg  $m^2 \phi^2 \rightarrow \Delta\phi \gtrsim 15 M_P$ )

Efstathiou & Mucke (astro-ph/0503360) argue

(convincingly??) that  $\frac{\Delta\phi}{M_P} > 6 r^{1/4}$ .

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Why is this an issue?

For a "garden variety" modulus (of compact dims, of D-brane, ...)

$$V(\phi) = V_{\text{renormalizable}}(\phi) + \phi^4 \sum_{m \geq 1} C_m \left( \frac{\phi}{M_s} \right)^m \quad (m \sim \mathcal{O}(1))$$

$\Delta\phi > M_P \gg M_s \Rightarrow$  how on earth can one keep V flat over such large  $\Delta\phi$ ?

"Functional fine tune"

Contrast to hybrid inflation, where in almost all models  $\Delta\phi \ll M_P$ ; there,  $\eta \sim \frac{1}{100} \rightarrow$  usually tune of 1 coefficient.

All known D-brane inflation models are of this  $\Delta\phi \ll M_P$  type.

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Reasonable idea: Try to use a PNCB,  
e.g. an axion (cf "Natural inflation")

- shift symmetry forbids  $\delta V \sim \frac{V}{M_{\text{Pl}}^2} a^2$  } spinon of shift breaking must enter
- Potential takes form

$$V(a) = \Lambda^4 [1 - \cos(a/f_a)]$$

- $f_a$  = "axion decay constant"
- $\Lambda$  = dynamical scale; eg in heterotic string theory, axions arise from soaking up forms in  $H^2(M_6)$  into  $B_{2,1}$ ; and WS instantons break PQ symmetry, yield

$$\Lambda \sim M_s e^{-\text{Area}(\text{curve})}$$

Can  $V(a)$  give us a good inflaton candidate that has  $\Delta a > M_{\text{Pl}}$  & could hence "explain" a measurement of  $r$ ?

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For generic initial value of  $a$

$$\bullet \quad \epsilon = \frac{M_P^2}{2} \left( \frac{V'}{V} \right)^2 \sim \left( \frac{M_P}{f_a} \right)^2$$

$$\bullet \quad \eta = M_P^2 \frac{V''}{V} \sim \left( \frac{M_P}{f_a} \right)^2$$

Robustly getting inflation requires  $f \gg M_P$ .

But ...

- generic string theory axions have

$$f_a < \frac{M_P}{S_{\text{inst}}} \quad \text{Svrceky, Witten}$$

and  $S \sim 20$  to give correct scale to  $V$ .

- Several authors have conjectured that

having  $f_a > M_P$  is impossible in

string theory.

"Swampland"  
papers;  
Banks, Dine,  
Fox, Gubunov



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A simple (yet ugly) proposal to surmount this problem: "N-flation" hep-th/0507205.

- $N = h^2(M_6)$  axions in heterotic theory

Imagine  $N \gg 1$ .

(rudest toy model)

$$\mathcal{L} = \sum_{i=1}^N \left( \frac{1}{2} (\partial a_i)^2 - \Lambda^4 \times \left\{ 1 - \cos \left( \frac{a_i}{f} \right) \right\} \right)$$

- Obviously more realistic to have a metric on  $M$  & distinct  $\Lambda_i, f_i$ , properly diagonalize, etc -- see ref above & hep-th/0512102 for discussion, nothing important changes.

- $N$  indep shift symmetries  $\rightarrow$  each axion has protection from receiving

$$\Delta V(a_i) \sim \frac{V}{M_P^2} a_i^2$$

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(any symmetry breaking term with both  $a_i, a_j$  must have  $\Lambda_i^{-4}, \Lambda_j^{-4}$  in it).

- So naively, each axion feels Hubble friction due to all  $N \rightarrow$  for generic initial conditions

$$\left. \begin{aligned} \epsilon &\sim \left(\frac{M_P}{F}\right)^2 \frac{1}{N^2} \\ \eta &\sim \left(\frac{M_P}{F}\right)^2 \frac{1}{N} \end{aligned} \right\} \begin{array}{l} \text{c.f.} \\ \text{"assisted} \\ \text{inflation,"} \\ \text{but note} \\ N \text{ axions} \end{array}$$

For large enough  $N$ , it looks

like one can make a working

model with  $(\Delta a)_{\text{tot}} \sim \sum_i (1/a_i)^2 > M_P$

(thanks to Pythagoras).

Is this true?

Leading  $N$ -dependent radiative correction:

crucial here  
(radiative stability)

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$$\delta M_P^2 \sim \pm \frac{N}{16\pi^2} \Lambda_{UV}^2$$

"Species problem"

Then

$$\eta \sim \frac{1}{N} \left( \frac{M_P}{f} \right)^2 \left[ 1 \pm \frac{N \Lambda_{UV}^2}{16\pi^2 M_P^2} \right]$$

So we only trust our analysis up to

$$N_{max} \approx 16\pi^2 \frac{M_P^2}{\Lambda_{UV}^2}$$

$$\Rightarrow N_e \approx N \left( \frac{f}{M_P} \right)^2 \approx 16\pi^2 \left( \frac{f}{M_P} \right)^2 \frac{M_P^2}{\Lambda_{UV}^2}$$

more careful  $\rightarrow$  this is more like  $4\pi^2$

This looks promising for  $\Lambda_{UV} \ll M_P$ , but is

UV sensitive clearly. What does string

theory give for  $\Lambda_{UV}$ ? Leading correction:

$$\mathcal{L}_{10D} > M_*^8 [R_{10} + \zeta(\beta) \alpha'^3 R_{10}^4 + \dots]$$

$\rightarrow$  using  $\int_M R R R R = \frac{\chi(M)}{(2\pi)^3}$ , we get

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$$\mathcal{L}_{4D} = M_P^2 \left( 1 + \frac{\chi(M)}{8\pi^3} \frac{(d1)^3}{V_6} \zeta(3) \right) \mathcal{R}_4$$

So

$$\delta M_P^2 = N \frac{\Lambda_{UV}^2}{16\pi^2} \stackrel{\text{string}}{=} \frac{\chi(M_6)}{8\pi^3} \zeta(3) \frac{(d1)^3}{V_6} M_P^2$$

So:

$$\Lambda_{UV}^2 = M_P^2 \times \frac{2 \zeta(3)}{\pi} \left( \frac{d1^3}{V_6} \right) \frac{\chi(M_6)}{N}$$

Notice  $\chi(M_6) = 2 |N - \tilde{N}|$  For CY  $M_6$

where:  $N = \dim H_2$ ,  $\tilde{N} = \dim H_3$ .

Plugging into formula for  $N_e \Rightarrow$

$$N_e \sim \frac{2\pi^3}{\zeta(3)} \frac{N}{|\chi(M)|}$$

-- can exceed 60 for small cancellation between  $N, \tilde{N}$ .

- Special case where we Taylor expand  $V$  around origin  $\forall$  axions  $\rightarrow$   $m^2 \phi^2$  chaotic infl.

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So, if we see  $r \approx .05$  (or maybe even  $\approx 10^{-2}$ ), it means:

-  $\Delta\phi > M_P$       challenge for strings

N-flaton? Something prettier??

- Not slow roll inflation ??? Hard to believe this ... (earliest models predicted  $r \dots$ ).

Finding plausible string models that  $\rightarrow$   $r$  seems worthwhile.